

## BRIDPORT COMMUNITY SUPPORT CORONAVIRUS (COVID -19)



If you are vulnerable, or you know of somebody who is vulnerable, self-isolating and have no immediate support available please contact

## 01308 808900

or email enquiries@bridport-tc.gov.uk so that we can pass your/their details on to the local volunteer support.

## **Community response:**

In the Bridport area we have a volunteer support group which includes local organisations, groups and individuals who can offer support if you are vulnerable and self-isolating.

## They can help with:

- Shopping, food & groceries
- Prescriptions/medicine
- · Health & wellbeing and
- A friendly call or general support.

Our volunteers will not try to enter your home. If you feel unsafe please call the police.

Equally if you are able to volunteer in any capacity please email <a href="mailto:bridportccs@googlemail.com">bridportccs@googlemail.com</a> or call 07401 243585



Follow the latest stay at home advice at

www.nhs.uk/conditions/coronavirus-covid-19/

Regularly updated advice at:

https://www.gov.uk/coronavirus